

# Get your expert medical opinion

# Landing page

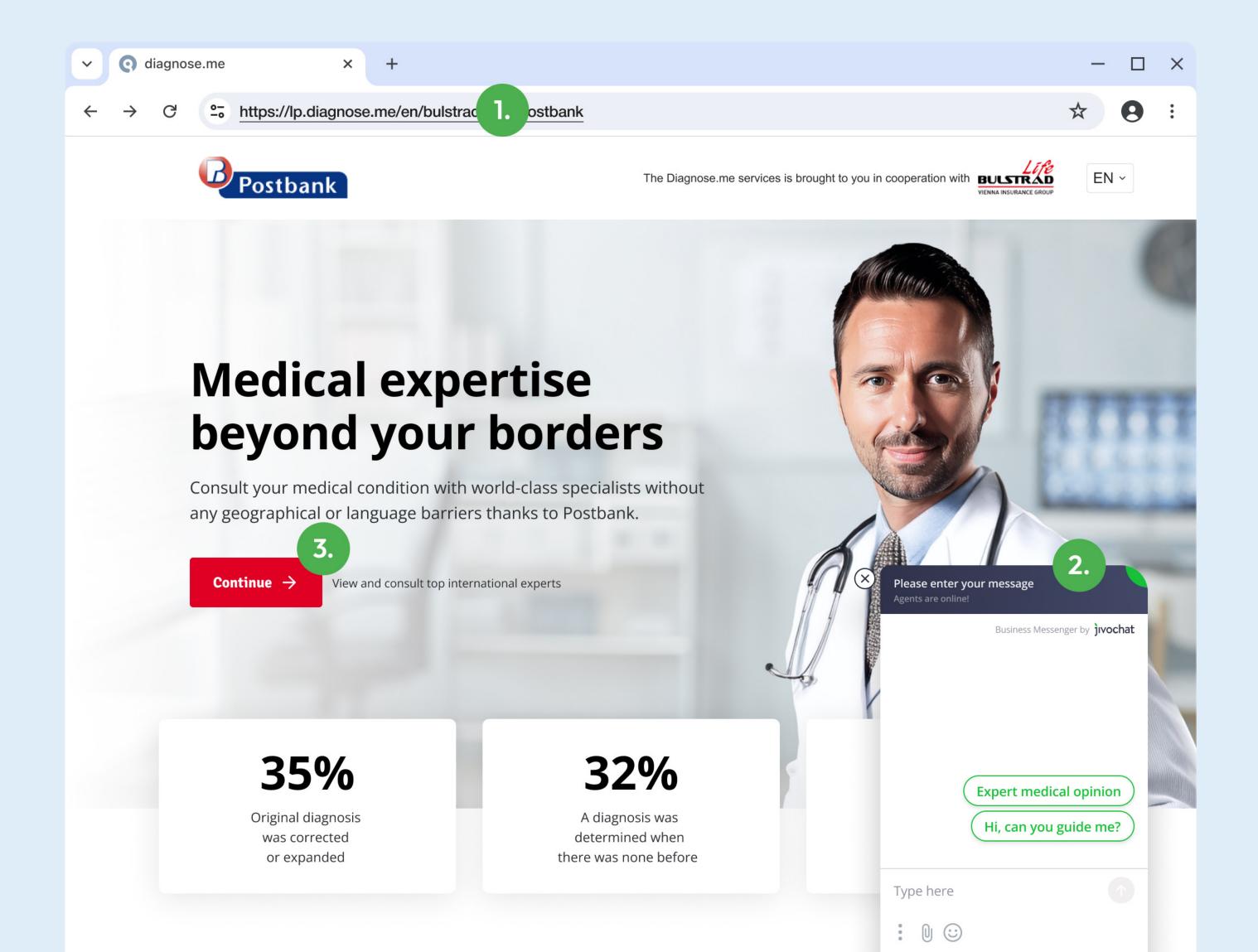
Start by visit our landing page to learn what Diagnose.me is and how it works.

# 2. Client support

Our support team is here for you — use the online chat if you have any questions.

# 3. Start your request

Select 'Continue' to begin your expert medical opinion process.



# Choose your next step

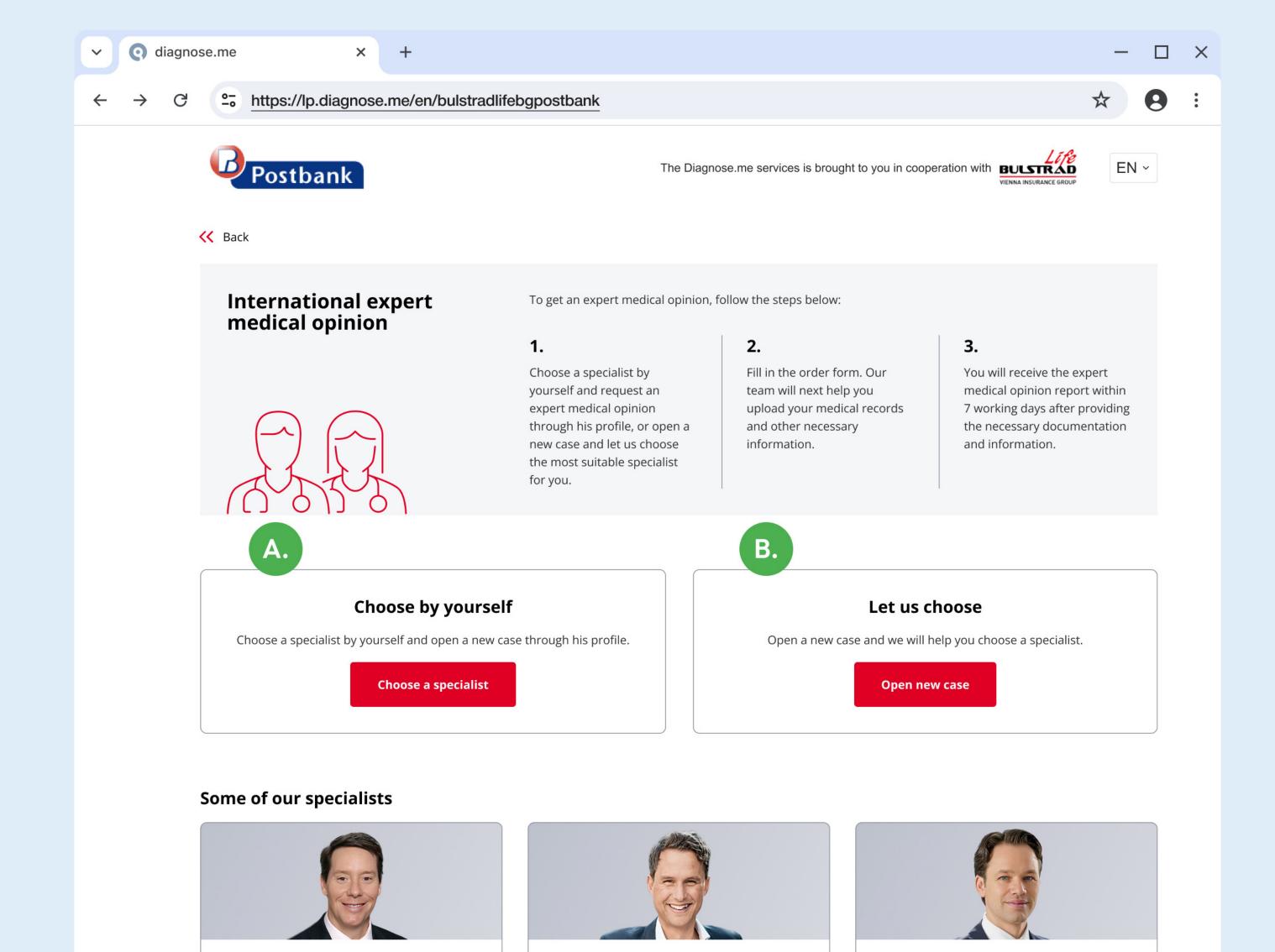
Choose from one of the two options to start:

# A. Choose a specialist by yourself

If you want to choose a specialist by yourself, select the 'Choose by yourself' option and follow the instructions on the next slide.

# B. Let us choose for you

If you are unsure which specialist to choose, let our team assist you by selecting the 'Let us choose' option. If you select this option skip to the Order form section of this guide.



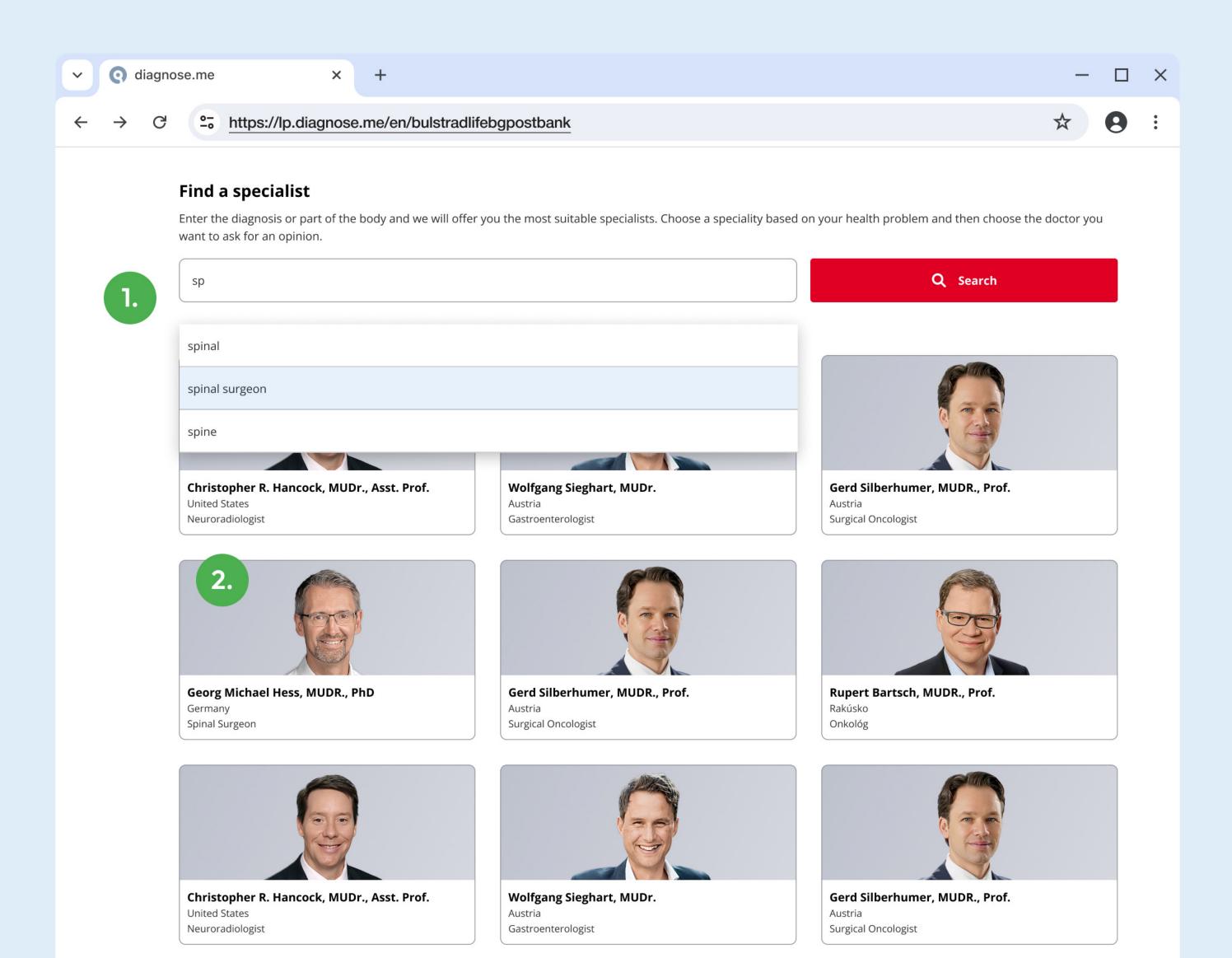
# Find a specialist

### 1. Use the search bar

Type in your diagnosis or the body part affected, then select from the list of suggestions.

### 2. Browse available specialists

Look through the list of specialists related to your issue.



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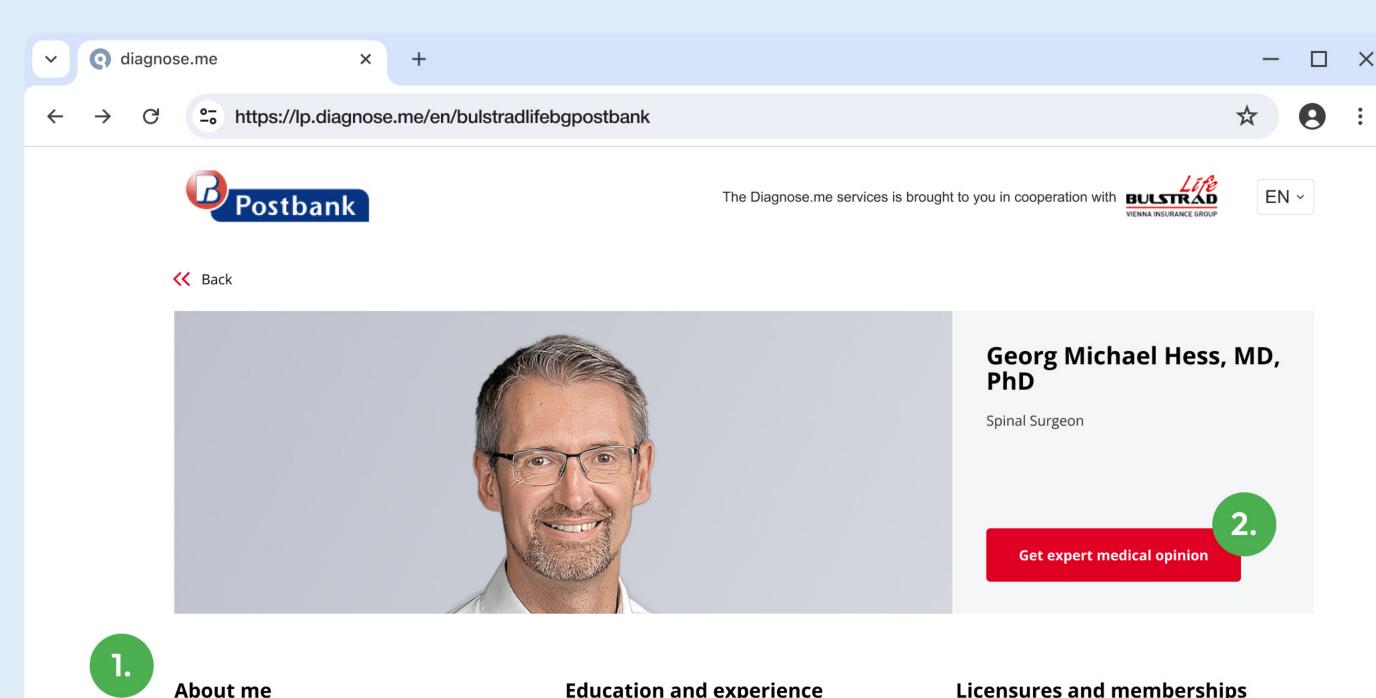
# Learn more about the specialist

#### **Profile details**

Each profile includes details about the specialist's area of expertise, experience, education, and reviews from other clients.

# 2. Request an expert medical opinion

Once you find a suitable specialist for your case, select 'Get expert medical opinion'.



I am board-certified in orthopaedic surgery and pain therapy. My medical education includes the University of Dusseldorf, St. Moritz, Switzerland, the Spine Center at the Orthopädische Klinik München-Harlaching, and the University Hospital in Quebec City, Canada.

I am experienced with performing a variety of injection procedures in the cervical, thoracic and lumbar spine. For more than 15 years my main interest has been in endoscopic procedures, where I have broad experience in several techniques and approaches. I have been a lecturer of more than 200 scientific presentations and performed surgeries worldwide as a

#### **Education and experience**

Consultant, Orthopaedic Spinal Surgeon, The London Spine Clinic, London (United Kingdom)

October 2017 - Today

Consultant, Orthopaedic Spinal Surgeon, KIMS Hospital, Maidstone (United Kingdom)

January 2016 - August 2018 Consultant, Minimal-invasive Spine Surgery, WIM -Wirbelsaeuleninstitut Muenchen, Munich (Germany)

February 2015 - December 2015 Consultant, Spine Surgery, Betaklinik International Private Hospital, Bonn (Germany)

#### Licensures and memberships

- 24.20.11, Germany
- 7057381, United Kingdom Verification URL
- 67473, Portugal

- President (2006-2015) GIW e.V. (Germany Interventional Spine Society), Munich, Germany
- · Master Instructor (USA and Europe) International Spine Intervention Society (ISIS), San Raffael, CA,

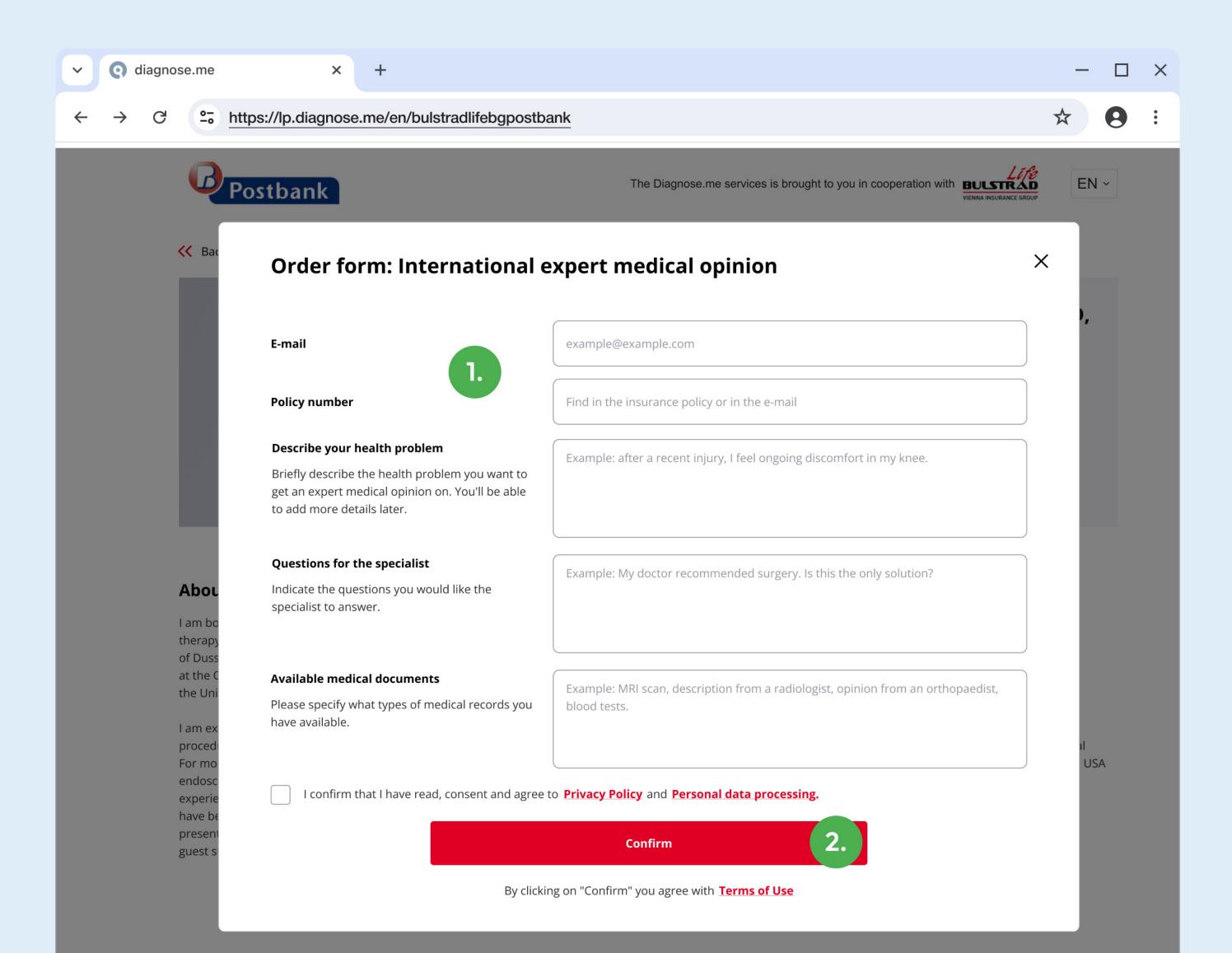
# Order form - Initial request

#### Fill out the order form

Complete the order form with all necessary information. Make sure to enter the correct email address for further communication.

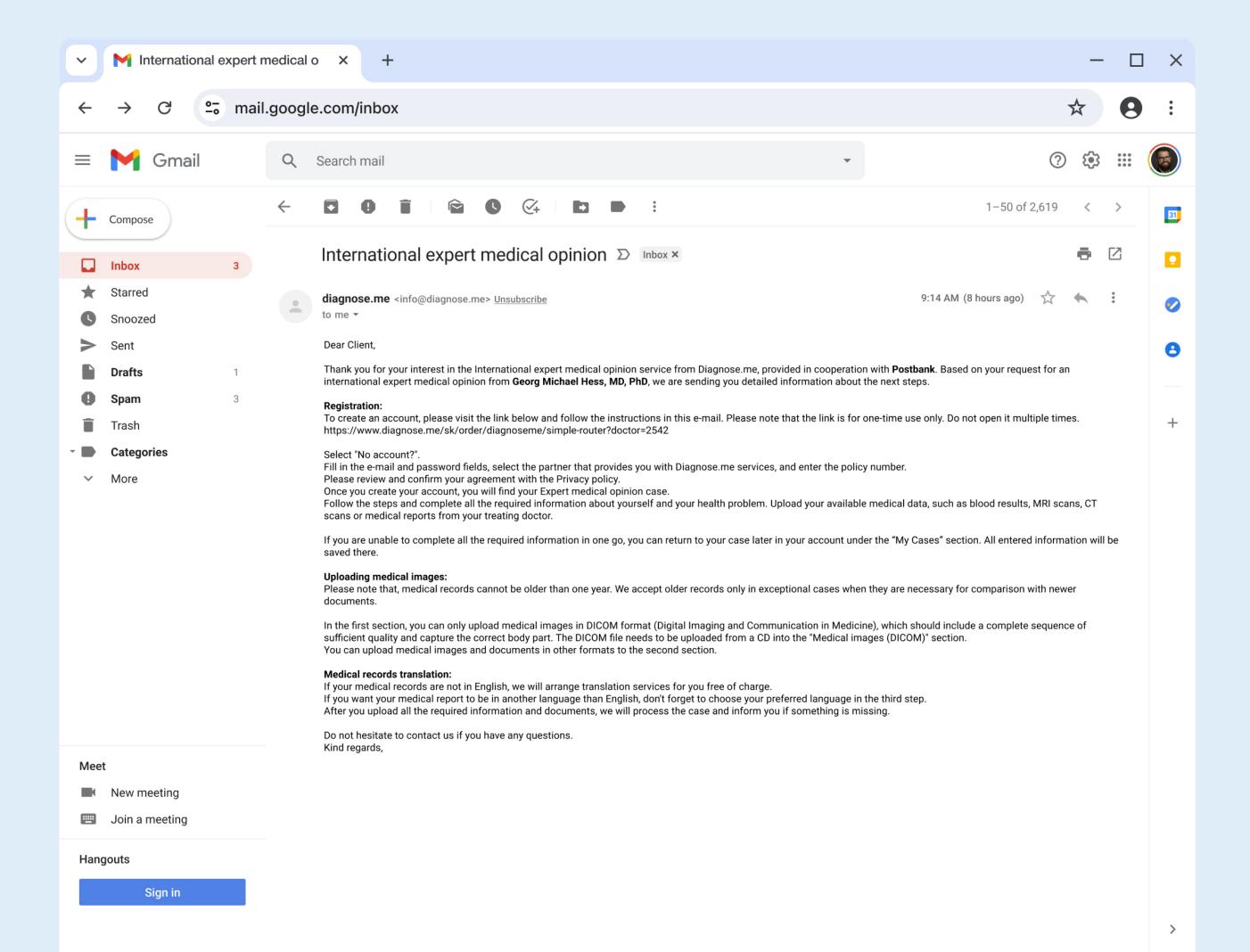
# 2. Confirm your request

The order form serves as a non-binding request for the service. After you select Confirm, you will get an **automatic e-mail** that we have received your request successfully. Our support team has to review and confirm each request.



# Instruction e-mail

Once the support team confirms your request, you will receive an e-mail with detailed registration instructions.



# Accessing the client's office

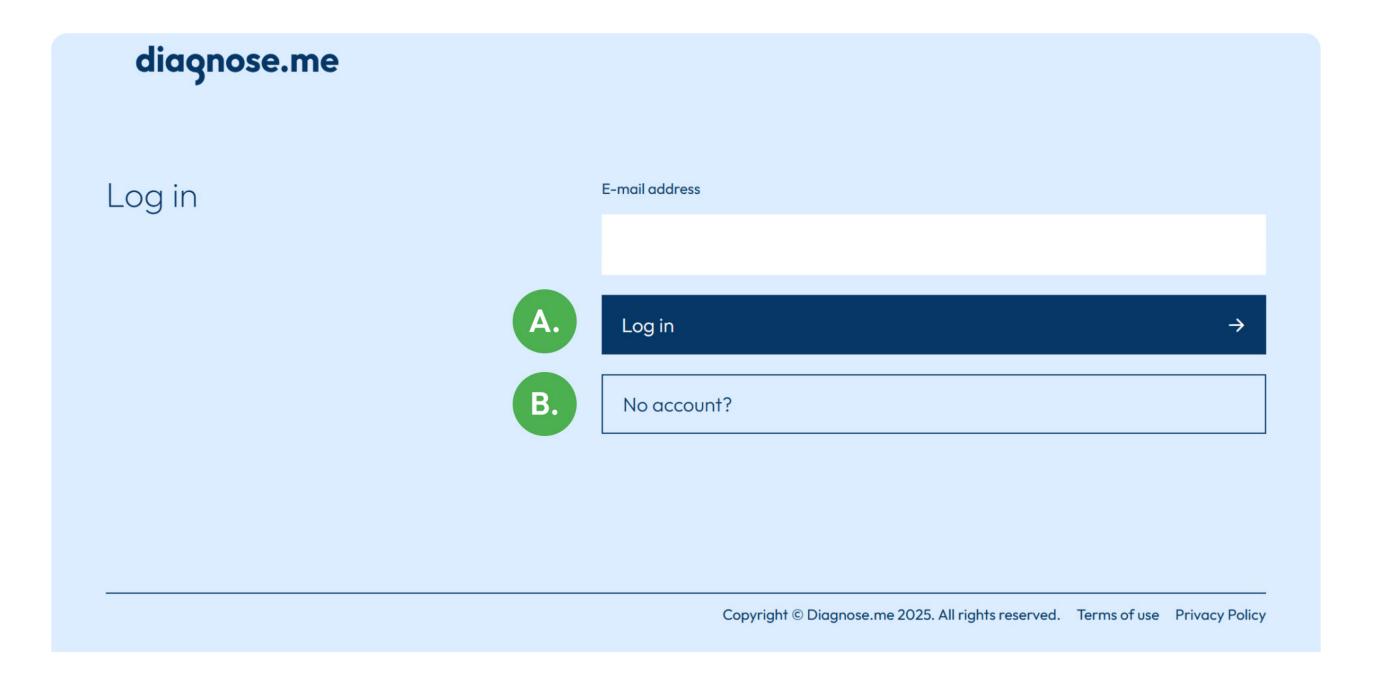
The client's office is your dedicated space to manage your case and upload all relevant medical data. To access the client office, click on the link included in the instruction e-mail that will redirect you to the login/registration screen.

# A. Log in

If you already have an existing account, log in using your e-mail and password.

# **B.** Register

To register as a new user, choose 'No account?'.



# Registration

Create an account to access the client's office and manage your case.

### 1. Enter your e-mail address

Use the same e-mail as on the order form.

### 2. Choose a strong password

### Select your partner

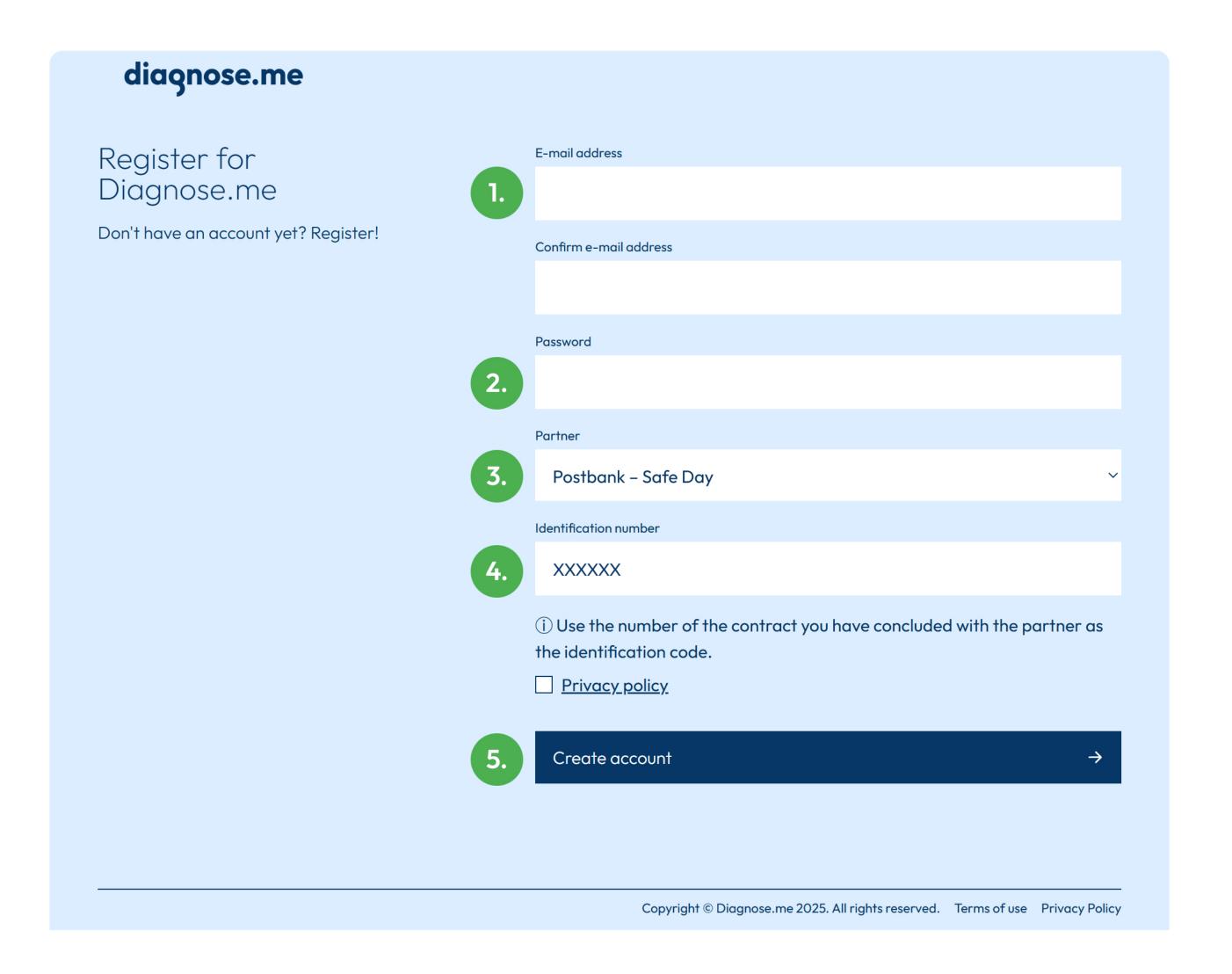
Select Postbank - Safe Day as your partner.

### 4. Identification number

Enter the number of the contract you have concluded with Postbank.

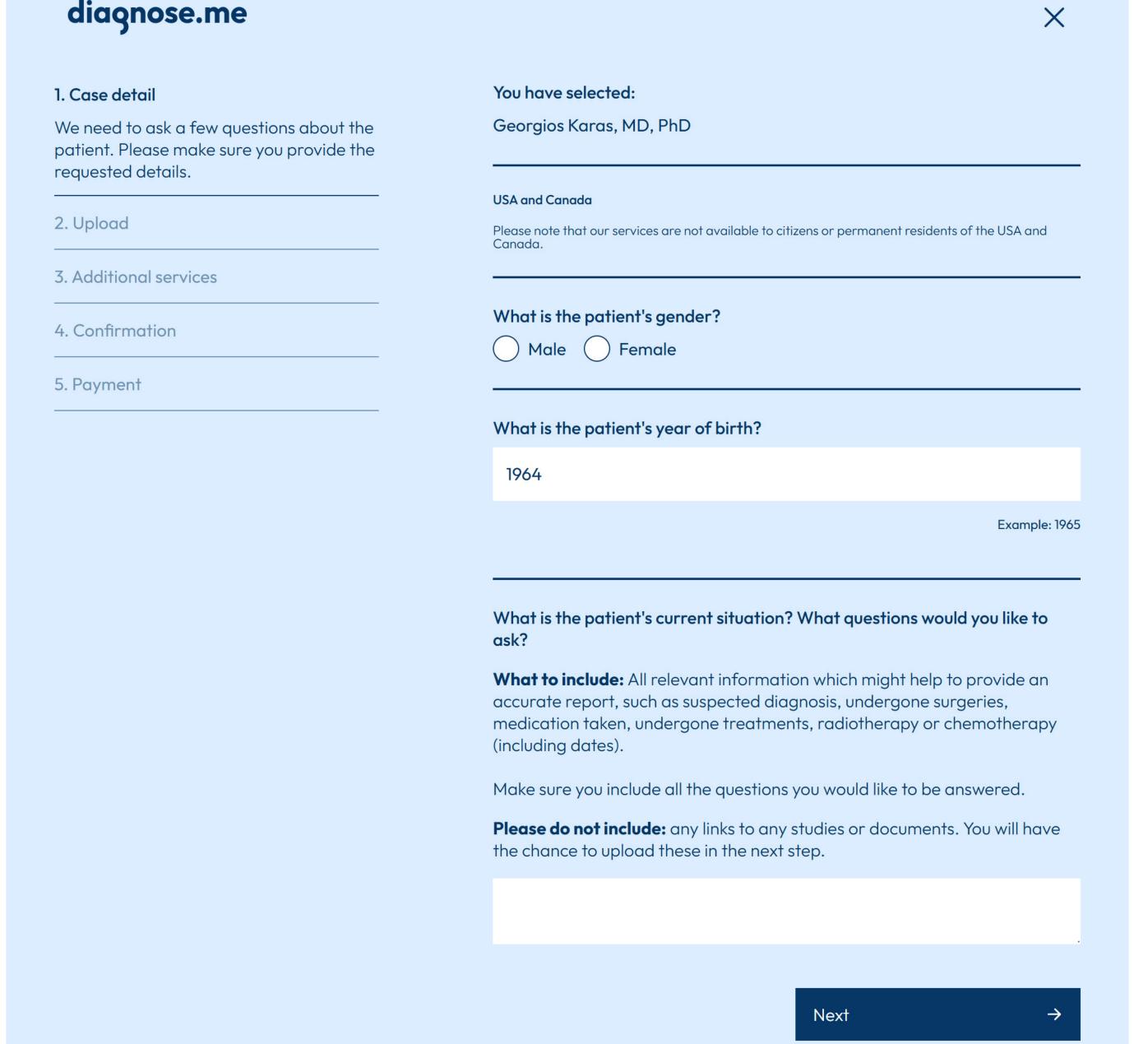
### 5. Create your account

Read the Privacy Policy, consent by checking the checkbox and select Create account.



#### 1. Case detail

Follow the instructions in the client's office and provide all required details about your case.



### 2. Upload

In this section you can provide relevant medical data for the specialist. Make sure to upload your medical data in the correct format and section.

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1. Case detail

#### 2. Upload

This table shows all the medical data and images you have uploaded.

3. Additional services

4. Confirmation

5. Payment

#### Medical imaging

Please upload your medical imaging scans here. (e.g. MRI, CT scans, X-rays, and other relevant images)

#### Upload

You can upload up to 2 series of MRI or CT scans, or up to 5 X-ray or ultrasound images.

#### Medical documentation

Please upload your medical documentation here. (e.g. medical reports, blood test results and other relevant medical documents)

#### Upload

You can upload one set of medical documentation of up to 5 pages.

#### Sending medical data by post

You can send your medical data by post by mailing a CD, DVD, or another common data storage device to our postal address. We will securely process your files and deliver them to the specialist.

Send by post

#### **Upload limit**

To make sure expert medical opinions are prompt and thorough, we limit the amount of medical data you can upload. This helps specialists focus on the most important information when they prepare their reports. If you need to submit extra data, we can review it for an additional charge of 20% of the specialist's fee.

Please make sure all your medical data concerns one body part only.

Back

Next



# Completing your case

# Medical imaging (DICOM)

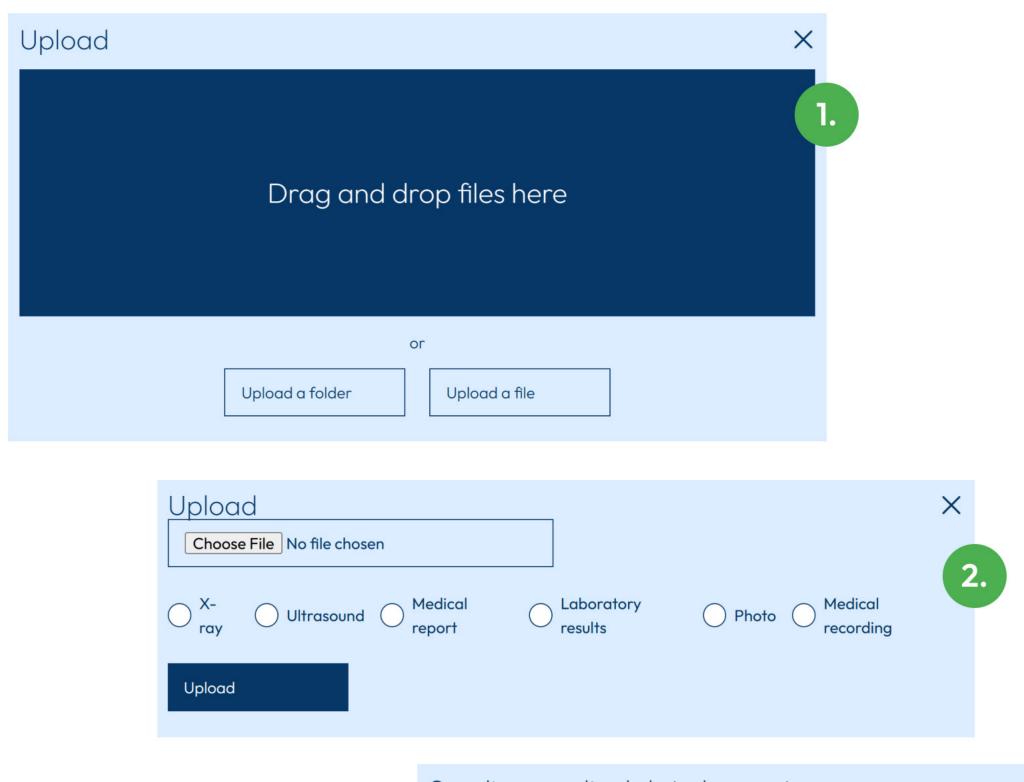
In this section, upload your medical imaging in DICOM format (Digital Imaging and Communication in Medicine). The file should contain a complete sequence of images in sufficient quality. Make sure that the images capture the correct part of the body.

# 2. Medical documentation and other imaging files

Use this section to upload medical documentation and medical images in non-DICOM format. First, choose the type of medical data you want to upload and then select 'Choose File'. If you have different types of medical data, upload each type separately.

# 3. Sending medical data by post

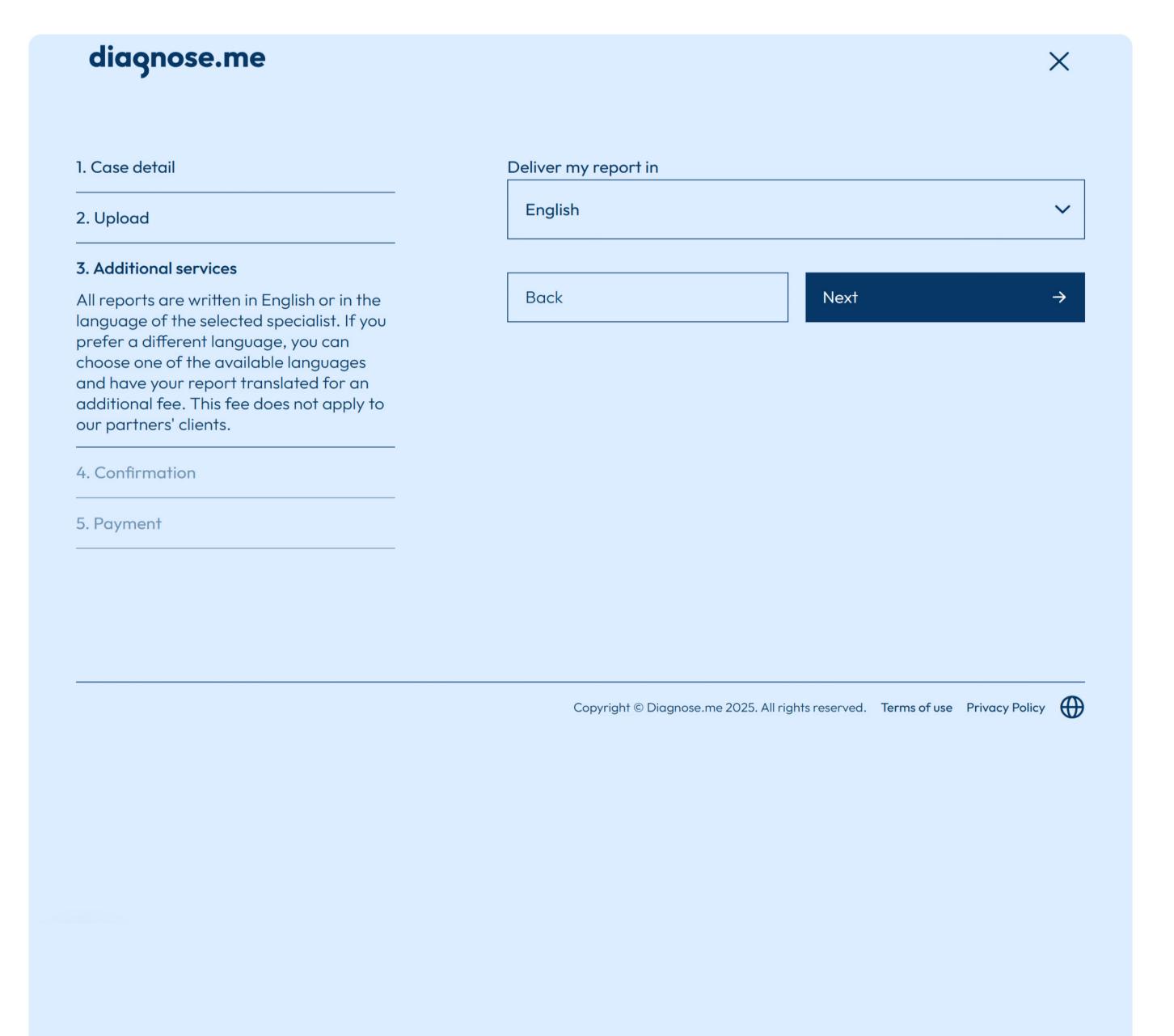
If you want to send your medical data by post, follow the instructions in the client's office.



Sending medical data by post You can mail your medical data on a CD, DVD, or USB flash drive to our postal address. There is a flat postage fee for returning your storage devices. Please note that we cannot be responsible for your data until it arrives at our office. The report's delivery date will be confirmed once we receive the data.  Send your medical data to the following address. Please don't forget to write your case code on the package:  3.			
	case: fibemivo80 Diagnose.me +421 948 875 385 Karadžičova 7244/8 811 08 Bratislava SLOVAKIA		
I'm mailing my medical data to Diagnose.me mailing address			

#### 3. Additional services

You can choose your preferred report language from the dropdown menu. One of our medical translators will then translate the report from the specialist's language.



#### 4. Confirmation

Please review the information and data you have provided and ensure they are correct. Read the necessary documents and express your consent by clicking on the relevant checkbox. Once you do so, select Next.

Postbank's clients with insurance "Safe Day" purchased after 14.07.2025 can get an international expert medical opinion for free. The total amount in the payment overview will always be 0€. Select Confirm to finalise your case.

Report

Total

Back

Report discount

#### diagnose.me X Specialist: 1. Case detail Georgios Karas, MD, PhD 2. Upload Delivery time: 3. Additional services 2 workdays 4. Confirmation Report language: Please check that all the information Slovenčina below is correct. Review and agree the terms and conditions at the end of this Case code: step. fibemivo80 5. Payment Patient's gender: Male Year of birth: 1964 Case description and questions for the specialist: Abcdef Medical data: I agree with the <u>Report Agreement</u> (Georgios Karas) I agree with the <u>Terms and Conditions of Use</u> of Diagnose.me 150€ I expressly agree with the provision of my personal data concerning 150€ my health information. For more information please see our Privacy Policy. 0€ I agree with the Report Translation Agreement Confirm Next Back

# Case sent

Once you confirm your case, we will forward it to the selected specialist.

Contact the support team if you need to make changes or updates in your case after confirming it.





Thank you.

Your case has been successfully submitted. Our team will briefly review all the information you have provided, including the uploaded medical data, and will then forward the case to the selected specialist or institution.

If any clarifications are required, the specialist may contact you directly through messages. Each time you receive a message, or there is an update to your case, you will also receive an email notification.

Once your expert medical opinion report is ready, you can download if from your account. If you need further clarification, you may ask the specialist up to two additional questions within 14 days of receiving your report.



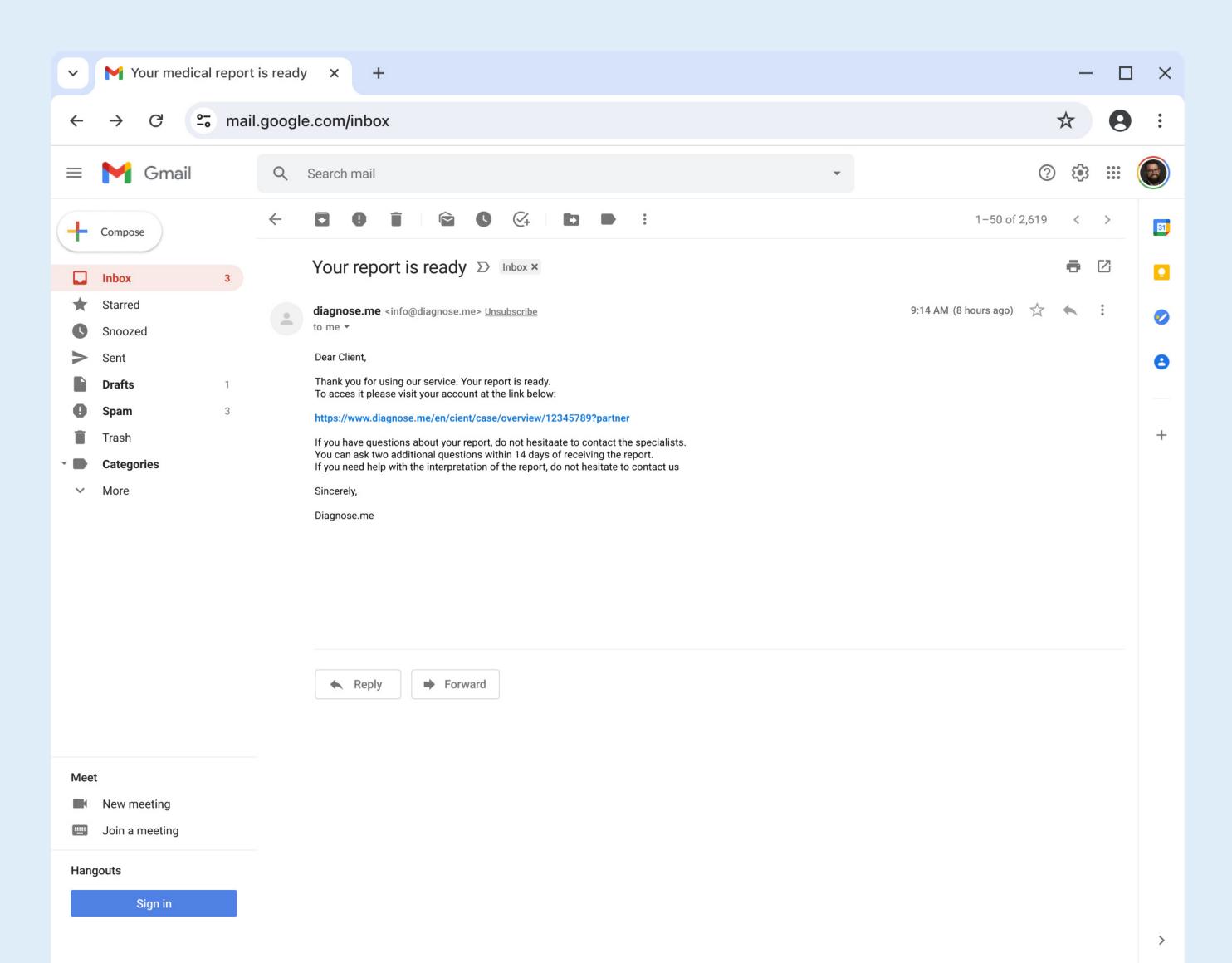
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# Notifications

### Check your inbox regularly

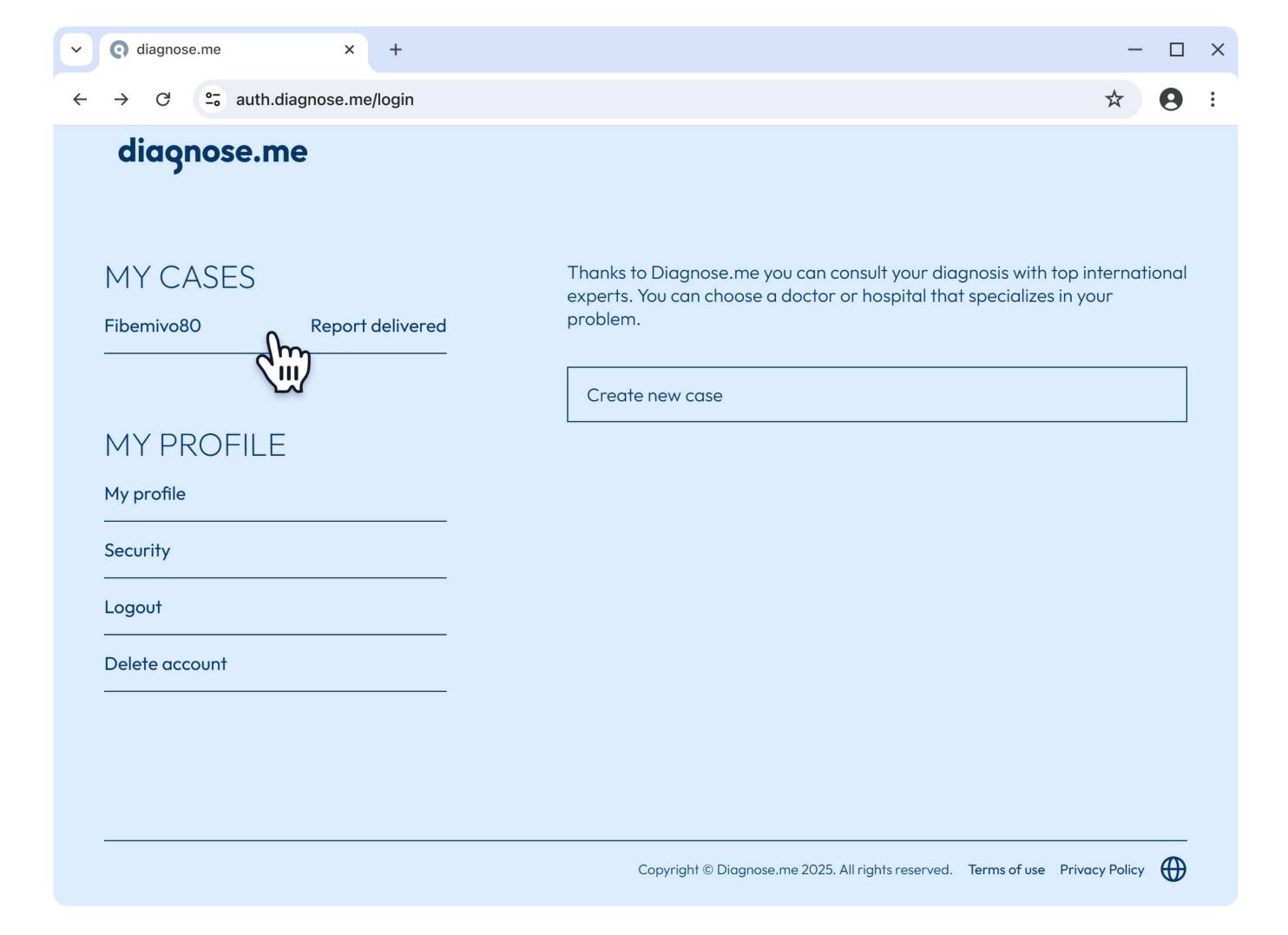
You will get an e-mail notification anytime there is an update/change on your case. We will inform you if additional information is needed or when your report is ready.



# Report delivered

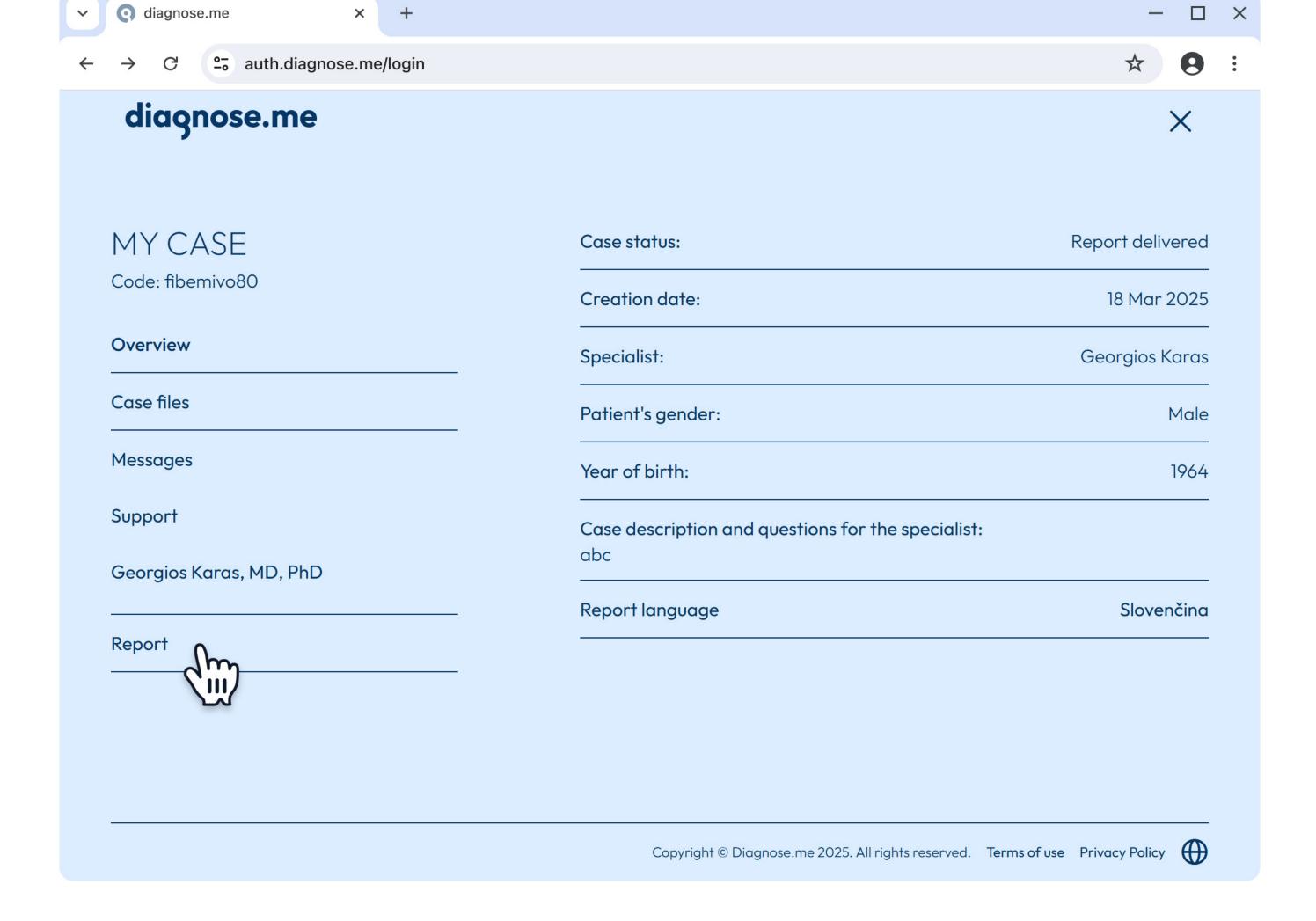
### **Accessing your report**

Once you receive an e-mail that your report is ready, log in to your account and go to the 'My cases' section.



# Report delivered

Select your case and go to the 'Report' section.



# Download your report & ask additional questions

Select 'Download' to save the report to your computer.

If you need further clarification about your report, you have 14 days to ask your specialist two follow-up questions.

